

Starters	
Crispy Chicken Wings in a garlic, lemon and coriander sauce 4 or 6 (gf,df)	£8/£11
Grilled Halloumi & cous cous salad (gfo, v)	£7.50
Hummus & olives with pitta (v, gfo, ve)	£7
Homemade Sage & Chive Scotch Egg with apple chutney	£8.25
Spicy Mexican Spring Rolls with ranch dressing (v)	£8
Lamb Kofta with tzatziki dip & pitta bread (gfo, dfo)	£9
Samake Hara pan seared haddock with spicy sauce (gf, df)	£8
Salt & Pepper Squid with chipotle mayo & lemon	£7.50

Sharing Boards

Fish Platter smoked salmon, crayfish, shell on prawns, scampi, whitebait and salt & pepper squidserved with crusty bread, lemon wedge & cocktail sauce (gfo)£28Spanish Charcuterie Chorizo, Serrano ham, Salami, marinated olives, cheese, habas fritas£14/£26

£9

£9

£10

Baguettes (Mon- Sat 12-2.30pm)
Sausage & Onion
Mozzarella, pesto and sundried tomato (v)

ASK TO VIEW OUR WINE, COCKTAILS, SHOTS OR BEVERAGE MENU.

Mains

Chicken Teriyaki

K Prawn & Crayfish Linguine with fresh chillies in a creamy sauce & garlic bread	£18	
Baked Haddock in garlic, lemon & herbs, sauté potatoes & green beans (gf, dfo)	£19	
Mariners Open Pie & Mash seasonal veg & gravy	£16	
Beer Battered Fish 'n' Chips triple cooked chips, peas & tartare sauce (dfo, gfo)	£17	
Scampi triple cooked chips, peas & tartare sauce	£16	
Chicken (or vegetable) Quesadilla grilled chicken or vegetables served on tortillas with cheese,		
guacamole and sour cream (vo, veo)	£16/£14	
Ploughman's Suffolk ham, mature cheddar, guerkin, pickled onion, pickle, homemade sage		
& chive scotch egg with crusty bread (dfo)	£19	
Grilled Halloumi & cous cous salad with avocado. Add 2x chicken skewers (gfo, v)	£12/£17	
Grill		
10oz Ribeye Steak grilled tomatoes & sauteed mushrooms, triple cooked chips (gf)	£26	
Add peppercorn, stilton or garlic butter £2		
Grilled Pork Chops served with skinny fries, slaw & apple chutney (gf, dfo)	£19	
Grilled Gammon Steak fried eggs, triple cooked chips and grilled pineapple (gf, dfo)	£16.50	
Hunters Chicken Burger BBQ sauce, bacon, melted cheese, grilled pineapple, skinny fries		
& slaw (gfo)	£17	
Californian Cheese Beef Burger lettuce, tomatoes, guacamole with skinny fries & slaw (gfo, df) £17		
Lamb Burger sauteed onions, feta, mint sauce & skinny fries, homemade tzatziki (gfo)	£18	

Desserts

Chocolate Mousse with mixed berries (v)£7.75Chocolate Brownie with chocolate sauce & vanilla ice cream (v)£7.75Sticky Toffee Pudding, caramel sauce & vanilla ice cream (v) add a shot of Toffee Vodka£7.75/£10Banoffee Pie (v)£7.75Coconut Milk Pannacotta (v, veo)£7.75Selection of Ice CreamVanilla, Strawberry, Chocolate (v, veo)£1.85 per scoopTraditional Cheese Board£9

Sides/Extras

Basket of Triple cooked chips	£4
Basket of Cheesy Chips	£5
Seasonal Vegetables	£3.75
Basket of Skinny Fries	£3.75
House Salad	£3.75
Garlic Bread	£3.50
Cheesy Garlic Bread	£4.50
Onion Rings	£3.75
Bowl of Mixed Olives	£4

BOOK NOW

Lebanese Menu 6th July from 4-8.30pm With Belly Dancer

Look out for our other Themed events

Childrens Menu (under 12's)	
Scampi & Chips	£8
Fish Fingers with Chips	£8
Sausage & Mash	£8
Penne Pasta with Tomato sauce (v, ve)	£8
Chicken Goujons with fries	£8
Selection of Ice Cream	
Vanilla, Strawberry, Chocolate (v, veo)	
£1.85 per scoop	
Mini Chocolate Brownie & Ice Cream (v)	£4.25
Mini Sticky Toffee Pudding (v)	£4.25

WE'RE KNOWN FOR OUR FABULOUS

SUNDAY ROAST

Choice of Roast Beef, Pork Belly, Chicken or Veggie Wellington (v. ve)

Served with Roast Potatoes, braised Savoy cabbage, roast carrots & parsnips, broccoli, cauliflower cheese, homemade Yorkshire pudding and gravy. Served 12-7pm every Sunday

GF – Gluten free, V – Vegetarian, Ve – Vegan, O – Option, DF - Dairy free
Allergy & Intolerance information is available on request. Please advise us if you have any food allergies
and intolerances before you order. Some dishes can be modified to gluten free or vegan. We will do our
best to accommodate you. We are NOT a nut free kitchen.

T: 01394 670444 E: dine@marinersfreehouse.co.uk www: marinersfreehouse.co.uk *Please note service is not included.*